

RISE UP Against Domestic Abuse

Award Levels

To achieve the **Bronze** award your branch or church should:

1. Put a RISE UP poster raising awareness about domestic abuse in an appropriate public place such as in churches, toilets, community centres, village halls etc.
2. Commit to pray for those affected by domestic abuse, including the victims, survivors, perpetrators, and those who work in the field of domestic abuse.
3. Make a connection with your local domestic abuse support organisation to see how you can support them. You could offer moving in and moving on packages.

To achieve the **Silver** award your branch or church should:

1. Host at least one annual speaker from other organisations to speak about domestic abuse (e.g. Restored or other regionally appropriate organisations).
2. Speakers from Mothers' Union should ask for collections to go towards our RISE UP work.
3. Use the healthy relationship study materials.
4. Include information about abuse and helpful resources in church/branch communications (helplines etc).
5. Preach about equality and mutual respect in all forms of relationships, including equality in relationships in youth work/children's work (as appropriate).
6. Reach out to churches without an MU branch and actively promote MU and the RISE UP challenge, therefore developing new member opportunities.
7. Attend the bystander webinar.

To achieve the **Gold** award your branch or church should:

1. Organise events providing local people with an opportunity to engage with MP's and local leaders on domestic abuse issues.
2. Engage with vulnerable groups, for example prisoners who have been affected by abuse.
3. Commit to pray for Mothers' Union's wider GBV work overseas.
4. Appoint a champion to lead on domestic abuse work.

Once you have completed your actions and are ready to get an award, please complete this form and someone from Mothers' Union will be in touch with you about your award:

<https://tinyurl.com/Riseupassess>